

Les Amis d'Ouganda

Helping others to help themselves

Uganda Visit Special



Over the past 10 years, we have made some wonderfully successful visits to Uganda, but this was up among the best, both in terms of success for Les Amis d'Ouganda and for the pleasure it gave us. For the first time we were a group of eight (both French and English supporters), making everything more complex and with the added danger that things might fall apart. I need not have worried as from the word go the group gelled and got on so well together.

What the others said

It was my second visit to Uganda, but for Roland it was a journey of discovery in this beautiful country. We were royally received at all of the projects. Ugandans may not be rich, but they shared everything with us. The children - often under-nourished - and the adults shared their smiles everywhere that we went. They were dignified, hoping that one day things will change and were always very grateful to Les Amis d'Ouganda.
Jeane & Roland

Impressions in a Nutshell.

Uganda is chaotic, colourful and vibrant with a wonderful friendly atmosphere. The people, although most are poor and have nothing, were warm, friendly and hospitable. The amazing children there, innocent, trusting and hardworking, untouched by modern life, all with genuine smiles wherever you go. Poor, I don't think so; they have spiritual wealth in abundance!
John



It was very agreeable for us to meet the 13-year-old, Henry, that we sponsor. He is a quiet and shy boy and we were happy to congratulate him on passing the primary leaving exam and encouraging him to continue in secondary school. I think that we succeeded in understanding each other despite our poor English. The visits to the different villages allowed us to see the effectiveness of the leaders, Idriss, George and his wife, Berna, who give so much time in order to make life easier for the villagers and the school children.
Marc & Martine



Such a humbling experience. The Ugandan people had very little materially but gave us so much of themselves. The people, the heat and the smells all enveloped us and took our hearts.

Such a well organised and informative trip. Pam

A five-star experience. Jeanette & Keith